

YOUR SHAPE

FITNESS EVOLVED

PRODUCT INFORMATION

Release Date: November 18, 2010
Genre: Fitness
Platform(s): XBOX360 Kinect
Classification: G
RRP: \$89.95

GAME OVERVIEW

Your Shape's proprietary Player Projection technology puts your body into the game for the ultimate fitness experience.

You'll physically interact with virtual environments in ways you've never seen before and be captivated by unique and exciting visual effects that respond to your movement.

As you exercise, you'll receive specific feedback on your every move, thanks to the game's real-time precise tracking system. You won't notice how hard you're working until you see the results!

KEY FEATURES

Player Projection Technology Puts You Inside The Game

- ❖ Be represented by your own body and experience the most precise tracking possible.
- ❖ Control the game with your voice and movements.

Create Your Own Personalised Program

- ❖ Choose how you want to play – enlist the help of a personal trainer to help you meet your fitness goals, or take a class such as Yoga, Martial Arts or Tai Chi.
- ❖ You can also get the family involved in fun mini-games like dancing, target practice and more!

Cutting-Edge Workouts Designed by Fitness Experts

- ❖ Features workouts from trainers-to-the-stars.
- ❖ Michael George, who has trained Reese Witherspoon and P.Diddy, leads a martial arts class and Michelle Bridges, trainer from Australia's The Biggest Loser, teaches a special weight loss program. Both appear as guest coaches in the game.

Track Your Progress and Share It With The Community

- ❖ The game keeps track of your stats, such as calories and scores, all of which are uploaded seamlessly online and can be shared with friends and family.
- ❖ Create challenges among friends and help each other reach goals.

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